

ADVANCED NDT INTERVENTION FOR INFANTS & TODDLERS

A HANDS-ON COURSE WITH PRACTICUM AND LAB

**Kacy Hertz, PT
(NDTA Instructor)**

- Covers typical developmental milestones
- Teaches how to identify movement impairments in atypical development
- Focuses on manual techniques to support movement
- Provides strategies for creating and implementing effective treatment plans

May 3-6, 2026

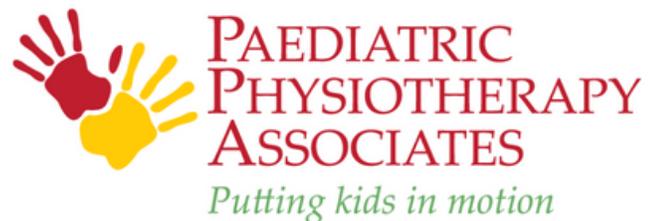
8:30am-4:30pm

Abilities Centre
Whitby, ON

Course Fees

Early Bird Rate: \$995
until February 1st 2026

Regular Rate: \$1150



REGISTER HERE

For more information contact:
info@paediatricphysiotherapy.com

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Course Objectives

The participant will:

- Apply NDT principles in treating babies and toddlers.
- Assess sensory-motor impairments using the ICF/Disability model.
- Recognize typical vs. atypical movement patterns in motor development.
- Identify atypical movement components during practicum.
- Understand kinesiology and biomechanics of early movement.
- Demonstrate movement facilitation techniques in lab settings.
- Develop and adapt treatment plans for infants and toddlers.
- Design treatments using handling to support alignment, sensory input, and play.
- Demonstrate graded handling techniques in lab and practicum.
- Teach caregivers about attachment, regulation, handling, and environment on development.

About the Instructor

Kacy Hertz is a seasoned Neuro-Developmental Treatment Coordinator Instructor with over 30 years of experience in NDT-based education. As the owner of City Kids, Inc. and a dedicated clinician, she brings deep expertise in infant treatment, taping, casting, and lower extremity biomechanics. Her teaching is grounded in decades of hands-on clinical insight and a passion for advancing pediatric care.

