

Growing in Motion

Baby Motor Development Group

Join us for a hands-on 4-week motor development group for babies and their caregivers.

Topics include:

- Typical milestones in the first year
- Hands on activities to help your child progress their motor skills: tummy time, rolling, sitting, crawling, standing
- Play and sensory activities
- Infant attachment and co-regulation strategies



Location:

Abilities Centre Clinic
1 Jim Flaherty Street
Whitby, ON

Dates and Time:

Babies 0-6 months- Tuesday May 20, 27, June 3, 10 @11am-12pm

Babies 7-12 months- Wednesday May 21, 28, June 4, 11 @1-2pm

Cost: \$200*

Learn from paediatric physiotherapists and/or occupational therapists about motor skill development. Play and connect with other families in the community.

[Register here](#) or
scan to register.



For more information email:
info@paediatricphysiotherapy.com

*Fee will be charged \$50 session and may be covered by extended health benefits