



# A practical workshop on: **ADAPTED BIKES & TEACHING STRATEGIES**

## LEARN ABOUT ADAPTED BIKES

- different types of adapted bikes for children and youth
- pros and cons of commercial versus simply adapted regular bikes
- measurement and fitting
- fixed and scalable adaptations



## COURSE AUDIENCE

This 2-part workshop is for therapists, teachers, parents or any other professionals who work with children and youth to develop biking skills



## HANDS-ON STRATEGIES

- discover how to build skills without triggering anxiety
- learn strategies to help children with a range of motor and cognitive diagnoses
- practise hands-on facilitation and a variety of techniques to build confidence and progress skills

## COURSE INSTRUCTOR

Moira Bayne specializes in adapting bikes & teaching bike skills to individuals of all abilities. Visit [www.moiramoves.com](http://www.moiramoves.com)



## REGISTER NOW!

- ✦ Part 1- Online course: Thurs May 22, 7-9pm
- ✦ Part 2- In-person practicum: Sun May 25, 10-12pm  
Variety Village, 3701 Danforth Ave, Scarborough

\$75 for online only, \$150 for both\*

\*online workshop is a pre-requisite for in-person session

[Register here](#) or email:

[info@paediatricphysiotherapy.com](mailto:info@paediatricphysiotherapy.com)



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