

Growing in Motion

Baby Motor Development Group

Join us for a hands-on 4-week motor development group for babies and their caregivers.

Topics include:

- Typical milestones in the first year
- Hands on activities to help your child progress their motor skills: tummy time, rolling, sitting, crawling, standing
- Play and sensory activities
- Infant attachment and co-regulation strategies



Location:

Abilities Centre Clinic
1 Jim Flaherty Street
Whitby, ON

**Babies 0-6 months- Tuesday September 8, 15, 22, 29
@10-11am**

**Babies 7-12 months- Thursday September 10, 17, 24, October 1
@1-2pm**

Cost: \$200*

Learn from paediatric physiotherapists and/or occupational therapists about motor skill development. Play and connect with other families in the community.

* Fee may be covered by extended health benefits

Register online or email: info@paediatricphysiotherapy.com