

Beyond 20/20

A therapist's guide to understand the role of the visual and vestibular system

Part 1: Vision Guided Movement:

The Role of Neuro-Optometry

Thursday October 24, 6:30-9:30 EST

Part 2: Cortical Visual Impairment:

From Theory to Practice.

Thursday November 7, 6:30-9:30 EST

Part 3: Vestibular:

An Eye-ssential Part of the Puzzle.

Thursday November 14, 6:30-9:30 EST



PAEDIATRIC
PHYSIOTHERAPY
ASSOCIATES

Putting kids in motion

Individual online workshops (\$125*/ \$140)

3-part online series (\$350*/\$400)

*Early Bird Registration (by Sept 15)

[Register Here](#)

For more info contact:
melissadermody.pt@gmail.com

Beyond 20/20

A 3-part **live-online** workshop series to help therapists understand the role of the visual and vestibular system during assessment and treatment

This course is relevant to physiotherapists, occupational therapists, speech and language pathologists, or other health care providers working with individuals with visual or vestibular impairments.

Applicable to both pediatric and adult populations

OVERALL COURSE OBJECTIVES

- Understand the complexities of the visual and vestibular system and how it relates to therapy intervention
- Learn about visual challenges and pathologies such as: functional visual disorders, ocular motor impairments and cortical visual impairments
- Identify areas of assessment related to the visual and vestibular system
- Learn about specific treatment techniques to address visual and vestibular deficits
- Understand the role of developmental optometrists, visual specialists and community vision resources and supports. Know when referrals should be made.

VISION GUIDED MOVEMENT: THE ROLE OF NEURO-OPTOMETRY

Thursday October 24th 6:30-9:30 EST

COURSE OBJECTIVES

- To understand the crucial role vision plays in movement and learning, as well as concepts behind vision guided development
- To learn more about the optometrist's role in a pediatric eye exam and components of a binocular vision assessment
- To recognize flags that warrant a referral to a neurodevelopmental/pediatric optometrist
- To learn about the tools neuro-optometrists use to strengthen connections between vision and the brain, such as prisms, tints, and phototherapy
- To understand vision therapy in a nutshell: how developmental vision treatment is incorporated into therapy

Dr. Jenny Lee is a residency-trained optometrist with practice in neurodevelopmental optometry, pediatrics, and vision rehabilitation and therapy. She graduated from the University of Waterloo School of Optometry and Vision Science and recently completed a joint residency program with her alma mater at Elite Vision Therapy Centre under the supervision of Dr. Angela Peddle.

Dr. Lee has worked extensively with special needs, developmentally delayed, and traumatic brain injury patients, seeking to elevate each individual's treatment, care and quality of life by not only incorporating her knowledge of optometric care but also the connection between vision, the brain, and development. She is an advocate about greater awareness for learning-related vision problems and binocular vision disorders and their impact on well-being.



CORTICAL VISUAL IMPAIRMENT: FROM THEORY TO PRACTICE

Thursday November 7th 6:30-9:30 EST

COURSE OBJECTIVES

- To learn about common visual impairments with a focus on cortical visual impairment (CVI)
- To understand behavioural and visual indicators related to CVI
- To recognize the Implications of CVI on individual's access to learning environments and understand how to mitigate these challenges
- To identify methods and strategies that can be used to support clinical goals with therapy

Lindsay Hillier has been working with children who are visually impaired for over 34 years. Her background is in Early Childhood Education, and she also holds a Master of Special Education: Visual Impairment from the University of Northern Colorado.

Lindsay is currently the Lead for the Ontario Blind-Low Vision Early Intervention Program's Training and Development Centre. She is the past President and Current Board Member of the Pediatric Cortical Visual Impairment Society; an international multidisciplinary group addressing the needs of young children with cortical visual impairment and a part-time instructor at Mount Saint Vincent University in the Special Education Masters Program -TSVI Prep Program

A big part of Lindsay's work is to communicate to community professionals the importance of providing access to those with cortical visual impairment and additional disabilities.



VESTIBULAR: AN EYE-ESSENTIAL PART OF THE PUZZLE

Thursday November 14th 6:30-9:30 EST

COURSE OBJECTIVES

- To understand clinical presentation of clients that require vestibular support
- To understand the role of the vestibular system on overall physical and mental health
- To learn about assessment of vestibular functioning
- To identify treatment options for the vestibular system that can be incorporated into therapy

Jennifer Radonicich has been a paediatric occupational therapist (OT) in private practice for over 25 years and is currently the OT Director at Paediatric Physiotherapy Associates.

Jennifer is an active learner who is consistently attending professional development courses in order to support her clients. She is a part of the Global Mentorship Alliance with Kim Barthel's Relationship Matters which allows access to current information to use within client sessions. She incorporates a variety of sensory motor strategies within a trauma sensitive approach to support her clients on their goals.

The vestibular system has increasingly been an important aspect of focus in her sessions and Jennifer has training in the Astronaut Program, Vestibular Visual Matters and the Safe and Sound Protocol.

